

### Important Deadlines:

- **July 15 (new students) or August 15 (returning students):** All health forms must be submitted through CareDox. **Please note that no athlete will be permitted to practice without a current PIAA athletic physical form on file.** Middle School sports begin on Monday, September 12. Parents are required to submit all student health information and forms online via the CareDox system. More information, including a parent tutorial, is available on the AFS website.
- **August 15 (all students):** Update your contact information and sign your annual field trip permission slip online at [www.bit.ly/FamilyUpdate](http://www.bit.ly/FamilyUpdate)
- **August 15:** Return Echo Hill forms (7th grade). These will be emailed at the end of July/early August.

### Save These Dates:

- Tuesday, September 6: 5th grade orientation and new Middle School student orientation
- Wednesday, September 7: First Day of School
- Thursday, September 8: Echo Hill Night for 7th grade parents
- September 13 and 14: 5th and 6th grade retreats (Tuesday & Wednesday)
- September 13 to 16: 7th grade retreat (Tuesday through Friday)
- September 14 to 16: 8th grade retreat (Wednesday through Friday)
- Dates TBD: Chromebook Orientation for all 7th and new 8th grade parents

### Visit the AFS Website (Current Parents>Middle School):

- Learn about Summer Reading (after June 1)
- Sign up for a Meal Plan and a la carte Farmhouse accounts
- Review your transportation options
- Learn about the Middle School Chromebook program

### Read all the email you receive from AFS over the summer:

- Early July: Orientation information for new families
- Mid July: Placement information (math for grades 6-8, language for 7th and new 8th graders)
- Late July: Email from your grade team with information about books, trips and supplies
- Late July: Back-to-school email from Rusty Regalbuto, Middle School Acting Director
- *Students will receive information about advisories the week prior to school, and schedules will be distributed the first days of school.*

If you are not receiving email from AFS, please contact Lil Swanson, Director of Communications at 215-576-3954 or [lswanson@abingtonfriends.net](mailto:lswanson@abingtonfriends.net).

### Middle School Office summer hours:

School hours are 9 a.m. to 3 p.m. daily for most of the summer. Please contact Regina Lynch at 215-576-3953 or [rlynch@abingtonfriends.net](mailto:rlynch@abingtonfriends.net) or Rusty Regalbuto at 215-576-3995 or [rregalbuto@abingtonfriends.net](mailto:rregalbuto@abingtonfriends.net) with questions or for assistance.

Don't forget to follow us on Facebook, Instagram and Twitter. Have a great summer!